

In the Abstract:

Please cancel the Abstract filed with the application on July 31, 2000, and replace it with the following Abstract.

Abstract of the Disclosure

The invention features a method for coaching a plurality of clients, involving providing multiple coaches and assigning a personal coach to each client. Information is received from each client particular to an ongoing concern of the client, e.g., weight loss, and, based on that information, the coach devises a set of recommendations that are transmitted to the client, starting the coaching relationship.